



# Healthy Options WA: We're giving healthy eating the green light

*The Healthy Options WA: Food and Nutrition Policy for WA Health Services and Facilities* has been introduced to ensure all hospitals and health facilities will increase the proportion of healthy food and drinks offered by food outlets and vending machines. A number of unhealthy options will be limited. You may have already noticed some changes at health services.



WA Health services are taking responsibility by making healthy choices easier for staff and visitors, and ensuring consistency with the health messages promoted by health care professionals and health promotion programs.

For more information, please visit the Department of Health's website at: [www.healthyoptions.health.wa.gov.au](http://www.healthyoptions.health.wa.gov.au)

